



Aerial Trek Frequently Asked Questions

Issue 1

1. [What is Aerial Trek?](#)
2. [Where is Aerial Trek located?](#)
3. [How many elements are there?](#)
4. [How much does it cost?](#)
5. [Do I need to book in advance?](#)
6. [What should I wear?](#)
7. [What time do I need to arrive?](#)
8. [Are there any restrictions?](#)
9. [Are there changing facilities available?](#)
10. [Is there storage for personal belongings?](#)
11. [How high above the ground is the course?](#)
12. [Is there an instructor with you on the course?](#)
13. [How long does the course take?](#)
14. [Is there a time limit to complete the course?](#)
15. [What are the opening times?](#)
16. [Is there any risk associated with the activity?](#)
17. [Can family and friends watch people participate?](#)
18. [What happens if I can't complete the course and want to get off?](#)
19. [Is there anything else I can do at The Summit during my visit?](#)
20. [What happens in adverse weather conditions?](#)
21. [What is the cancellation policy?](#)
22. [Do children need to be supervised?](#)
23. [Do participants need to sign a disclaimer?](#)
24. [Are there any restrictions in relation to pregnancy?](#)
25. [Can I wear fancy dress?](#)
26. [Can I bring my camera/ camcorder?](#)
27. [What if I have a pre-existing medical condition?](#)

1. Adventure Climb

Aerial Trek is an exhilarating indoor ropes adventure where guests can tackle a range of exciting obstacles suspended over 5 metres above our Skate Park, what a view.

2. Where is Aerial Trek located?

Aerial Trek is located above our indoor Skate and BMX Park, the start and end point are located on the 2nd floor of The Summit.

3. How many elements are there?

Participants will tackle over 15 different elements along the course.





Aerial Trek Frequently Asked Questions

Issue 1

4. How much does it cost?

For up to date prices and availability, please visit reception or book online at <http://www.summitindooradventure.co.uk> .

All our activities are also available for exclusive hire, corporate use, birthday parties, and any other celebration. Just contact the centre to discuss your requirements.

5. Do I need to book in advance?

We recommend that you book in advance, as we are particularly busy at peak times, which tend to be during evenings, weekends, and school holidays. Simply use our online booking system at <http://www.summitindooradventure.co.uk> .

Full pre-payment will be taken at time of booking, and a cancellation policy applies for all bookings.

6. What should I wear?

When deciding what to wear, you need to consider that there is a good chance that you will get hot, sweaty, and slightly dirty. We also suggest that you should wear something that you wouldn't mind getting slightly damaged. Appropriate footwear with soles with good grips should be worn to ensure your safety. Our suggestion is that the best option in terms of footwear is ankle supporting boots or trainers. Sandals, slip-on shoes, high heels, and other such shoes are not permitted under any circumstances.

Long hair must be tied back. Body piercings should be removed, and midriffs should not be bare as you may chafe whilst climbing. To protect your hands, you may wish to consider wearing a thin pair of gloves. You may want to bring a change of clothes, which you can change into after your experience, (changing facilities are provided at the Summit with shower facilities).

All other equipment is provided by us.

7. What time do I need to arrive?

You need to ensure you arrive at the Aerial Trek entrance at least 15 minutes prior to your allocated start time. In the event that guests arrive after their allotted start time, they will not be able to participate in the activity, and NO refund or transfer of booking will be offered.





Aerial Trek Frequently Asked Questions

Issue 1

8. Are there any restrictions?

To ensure people's safety, the following restrictions on the climbing adventure will apply:

- Guests must not be more than 23 stone, (150kg) in weight.
- Participants aged 15 and under must be supervised by an adult of at least 18 years of age. Anyone under 18 must have a disclaimer signed by a parent/guardian.
- A paying adult must accompany under 8-year olds on the Aerial Trek. One adult can supervise up to 4 children under 8 years old.

9. Are there changing facilities available?

We offer both female and male changing facilities at The Summit that can be utilised by all paying guests. Baby changing facilities are also available.

10. Is there storage for personal belongings?

For the duration of your experience, we are able to provide limited space for the storage of valuables in lockers, (£1 Refundable Coin), located in our changing areas.

11. How high above the ground is the course?

The Aerial Trek sits 5 metres above our Skate Park.

12. Is there an instructor with you on the course?

All participants will receive a safety briefing and training from an instructor before starting the climbs. Once you have commenced, you will be guided with the group by the instructor who will remain with you throughout the duration of your experience.

13. How long does the course take?

Including your safety briefing, your experience will last approximately 60 minutes. However, during this time you can complete as many circuits of the course as you can.

14. Is there a time limit to complete the course?

Your experience will last the 60 minutes, to allow other groups to use the facility.





Aerial Trek Frequently Asked Questions

Issue 1

15. What are the opening times?

Adventure Climb is open most days and opening times vary, depending on the time of year. Please visit the website and/or reception desk for up to date availability.

We are also able to open the activity during other periods, subject to minimum numbers.

16. Is there any risk associated with the activity?

All participants receive a safety briefing from a trained instructor at the start, and have to wear our safety equipment at all times.

17. Can family and friends watch people participate?

We have a viewing area where spectators can sit and wait for their family or friends at the start of the course, located on the 2nd floor. There is also a small seating area to watch from beneath the course in the Skate Park area.

18. What happens if I can't complete the course and want to get off?

Our team of qualified instructors have the ability and equipment to come and rescue you and exit safely from the course.

19. Is there anything else I can do at the Summit during my visit?

We are delighted to offer many more indoor activities at The Summit, including Indoor Skiing, Skate and BMX Park, Ten Pin Bowling, Adventure Climb, and Adventure Play, as well as our excellent restaurant and bar.

We advise that any additional activities are pre-booked prior to arrival to avoid disappointment.

20. What happens in adverse weather conditions?

We are indoors, so whatever the weather this can be experienced at all times.

21. What is the cancellation policy?

We operate a cancellation policy on all activity bookings, so if you cancel your booking at least 24 hours or more prior to your booking, you will receive a full refund. If we need to cancel your booking for any reason, then we will of course refund you in full.



22. Do children need to be supervised?

Yes, an adult (over 18 years) must accompany children aged 15 years and under. They must accept responsibility for ensuring that any minors in his or her care complete the course in accordance with the specific safety rules and advice given by the instructors. A paying adult must accompany under 8-year olds on Aerial Trek. One adult can supervise up to 4 children under 8 years old.

Under no circumstances must children be left unsupervised. If such an incident occurs then these children will be removed from the course, along with any accompanying adults, and in all case NO refund will be offered.

23. Do participants need to sign a disclaimer?

All participants will need to sign a disclaimer before participating in the activity. Adults will also need to sign a disclaimer, accepting personal responsibility for supervising their own safety, and the safety of any children under 18 years in their care.

24. Are there any restrictions in relation to pregnancy?

Pregnant women are unable to participate in the activity, as due to the nature of the walls, and the obstacles involved, there are many associated risks.

25. Can I wear fancy dress?

We appreciate that some groups may choose to wear alternative attire, we do not object to this, and in fact, in many cases we embrace the individuality and fun that such costumes can bring.

We do however, ask that you ensure that:

1. There is nothing dangling from the costume that might get caught on parts of the course.
2. Your outfit does not obstruct your sight.
3. Your midriff is covered so that you do not chafe on your skin.
4. Sensible shoes such as trainers or walking boots must be worn in all cases.

In any situation, if our team of instructors feel that you are wearing something which could be dangerous or cause an accident to you or others, they will ask you to change before starting the course, so please make sure you bring a change of clothes with you to avoid disappointment.

26. Can I bring my camera/ camcorder?

Yes, you can! However, for safety reasons we ask that all pictures/ videos are taken from outside the walls boundary. When you arrive, just ask the instructors to help you get the best pictures.





Aerial Trek Frequently Asked Questions

Issue 1

27. What if I have a pre-existing medical condition?

Our instructors are not medically qualified, and will not stop you using the facility. However, common-sense should prevail, and every participant must sign a disclaimer to confirm that they are physically capable of participating.

