



# Indoor Skate and BMX Park Frequently Asked Questions

Issue 1

1. [Indoor Skate and BMX Park](#)
2. [Where is the park located?](#)
3. [What is the Park like?](#)
4. [Do I need to book in advance?](#)
5. [What should I wear?](#)
6. [What time do I need to arrive?](#)
7. [Are there any restrictions?](#)
8. [Is there storage for personal belongings?](#)
9. [Is there an instructor with you in the park?](#)
10. [Is there a time limit on the park?](#)
11. [What are the opening times?](#)
12. [Is there any risk associated with the activity?](#)
13. [Can family and friends watch people participate?](#)
14. [Is there anything else I can do at the Summit during my visit?](#)
15. [What happens in adverse weather conditions?](#)
16. [What is the cancellation policy?](#)
17. [Do participants need to sign a disclaimer?](#)
18. [Are there any restrictions in relation to pregnancy?](#)
19. [Can I bring my camera/camcorder?](#)
20. [What if I have a pre-existing medical condition?](#)

## 1. Indoor Skate and BMX Park

The skate park has obstacles for all levels of Skateboarder, Inliners, and BMX riders all under one roof, so can be used whatever the weather.

## 2. Where is the park located?

The park is located at the front of the building so that participants can bring their own equipment in easily.

## 3. What is the park like?

The park has a large range of runs, ramps, and obstacles suitable for beginners up to the professional user. Please visit <http://www.summitindooradventure.co.uk> to see the gallery of images or come and look for yourself.

## 4. Do I need to book in advance?

We recommend that you book in advance as we are particularly busy at peak times which tend to be during evenings, weekends, and school





# Indoor Skate and BMX Park Frequently Asked Questions

Issue 1

holidays, limited sessions may be available on a first come first serve basis. Simply use our online booking system at <http://www.summitindooradventure.co.uk>.

Full pre-payment will be taken at time of booking and a cancellation policy applies for all bookings.

## 5. What should I wear?

When deciding what to wear, you need to consider that there is a good chance that you will get hot and sweaty. We also suggest that you should wear something that you wouldn't mind getting damaged or dirty. Appropriate footwear with soles with good grips should be worn to ensure your safety; we recommend ankle supporting boots or trainers as sandals, slip-on shoes, high heels, and other such shoes are not permitted under any circumstances.

To protect your hands, you may wish to consider wearing a thin pair of gloves. You may want to bring a change of clothes, which you can change into after your experience.

You will need to wear helmets when using the park, you can bring your own or we have a limited number to hire for a small fee plus deposit on a first come first serve basis. We also recommend you use knee and elbow pads when using the park, however these are not essential.

## 6. What time do I need to arrive?

You can arrive anytime from the start of your allocated time as each session is for either 1 hour, 2 hours, or all day. We utilise a coloured band system which helps us manage occupancy in the park to keep it safe and fun.

## 7. Are there any restrictions?

To ensure people's safety, the following restrictions in the skate park will apply: Children under the age of 12 must be accompanied by a parent/ guardian over the age of 18 (skating or spectating) and must not be left unattended at any time.

## 8. Is there storage for personal belongings?

For the duration of your experience, we are able to provide limited space for the storage of valuables in lockers (£1 refundable coin), on a first come first serve basis.

## 9. Is there an instructor with you in the park

All participants must read a disclaimer before entering the park, and staff monitor the park and participants behaviour to ensure that the safety rules are abided by.





# Indoor Skate and BMX Park Frequently Asked Questions

Issue 1

## 10. Is there a time limit on the park?

Your session lasts for either 1 hour, 2 hours, or all day, which you can pick when you visit reception to book in, or book in online. We utilise a coloured band system which helps us manage occupancy in the park to keep it safe and fun, these coloured bands must be worn on your wrist at all times, and not kept on your equipment.

## 11. What are the opening times?

The park is open Monday to Sunday every week, and opening times vary depending on the time of year. Slightly different times may be operative during holidays. Please visit the website and/or reception desk for up to date availability.

We are also able to open the Park during other periods subject to minimal numbers.

## 12. Is there any risk associated with the activity?

All participants must read a disclaimer before entering the park. All staff monitor the park and participants behaviour to ensure that the safety rules are abided by. You must wear a helmet when in the park, and elbow/knee pads are also advised to protect yourself against any bumps or scrapes. By all participants following the rules, this will minimise the risk of accidents.

## 13. Can family and friends watch people participate?

We have a viewing area where spectators can sit and wait for their family or friends. This is located to the side of the Park. We must ask, however, that spectators only sit at the side of the course, and do not sit on the park itself, this includes using the ramps as slides!

## 15. Is there anything else I can do at the Summit during my visit?

We are delighted to offer many more indoor activities at the Summit, including Aerial Trek, Ten Pin Bowling, Adventure Play, and Adventure Climb, as well as our excellent restaurant and bar.

We advise that any additional activities are pre-booked prior to arrival to avoid disappointment.

## 16. What happens in adverse weather conditions?

We are indoors so whatever the weather, this can be experienced at all times.

## 17. What is the cancellation policy?

Customers providing 24 hours' notice are able to transfer a booking to an alternative date and time at the same venue by contacting by phone or in person at the Summit Indoor Adventure.





# Indoor Skate and BMX Park Frequently Asked Questions

Issue 1

Failure to provide 24 hours' notice will result in the full activity fee being forfeited. Transfers cannot be conducted online. All booking transfers are subject to availability.

If an activity is cancelled due to circumstances beyond our control, customers will be entitled to transfer their booking to an alternative day or time. Transfers cannot be conducted online. All booking transfers are subject to availability.

For parties, corporate, school or group bookings of more than 10 people a minimum of two weeks' notice is required to amend a booking, after this time you will not be able to reschedule your activity.

You are advised to arrive at least 30 minutes prior to your activity start time.

## 18. Do participants need to sign a disclaimer?

All participants will need to sign a disclaimer before participating in the activity. Adults will also need to sign a disclaimer accepting personal injury responsibility for supervising their own safety, and the safety of any children under 18 years of age in their care.

## 19. Are there any restrictions in relation to pregnancy?

Pregnant women are unable to participate in the activity, as due to the nature of the course, and the obstacles involved, there are many associated risks.

## 20. Can I bring my camera/camcorder?

Yes, you can! For safety reasons, however, we ask that all pictures/ videos are taken from outside the course, and that you are mindful of others using the facility. If you would like any pictures taking, just pop to reception where a member of staff would be happy to help you.

## 21. What if I have a pre-existing medical condition?

Our staff are not medically qualified and will not stop you using the facility, however, common sense should prevail, and every participant must sign a disclaimer to confirm that they are physically capable of participating.

## DON'T SNAKE!

Snaking is when a person jumps ahead of a person waiting their turn to ride/ skate a line. It is important when waiting at the top of a ramp/ bowl/ section that you wait your turn and don't "Drop in" on them. If too many people are trying to ride the same thing, there are going to be accidents, so be respectful and wait your turn, and keep the park safe. If you "drop in" by mistake, show your respect by stopping or moving out of the way of the person who's turn it is, and acknowledge the error.





# Indoor Skate and BMX Park Frequently Asked Questions

Issue 1

## USING THE RAMPS!

Please only use the ramps if you are able to, and also know your limits. If you need to start small, then stick to the beginner's section at the front of the park and leave the bowl and rails until you are ready! Don't stand on top of the ramp ready to drop in when there is somebody using the park, as you will only get in their way, and create an obstruction. Stand clear of the metal poles at the tops of ramps, which are called "coping", and don't let anything hang over them.

## LONG RUNS

Be respectful here and try not to spend too long on a run, as this means people just have to wait for you, and it's unfair. Be aware of the people that are waiting and judge your run accordingly.

## ABILITY

Only ride/skate at your ability, and don't try to do something that you are not ready to undertake yet. If you do, you will be at serious risk of injuring yourself and/or others. Take it easy to begin with and take time to learn your trick. That way you will be better at it and will not get injured in the process.

## RESPECT

Everyone in the park deserves to be there, even if they are a complete beginner. Support and encourage each other – that's what makes the skatepark a unique place to be. Treat others as you expect to be treated, and there will be fewer accidents, and a much faster learning curve for beginners. Help them out, and show them the correct use of the park. Always remember you started somewhere, so encourage and support others to create a positive environment to be in.

## BE AWARE

A skatepark can be a dangerous place to be, so always make sure that you are aware of what is going on in your surroundings and watch out for other users. When crossing the park to get to the different sections, make sure that you look both ways, and be sure that you are not going to get in the way of someone's run. Think about where they might be going, so you can anticipate their direction and avoid getting in the way or being hurt! If you fall off, make sure you get out of the way as soon as possible. If you are seriously hurt, please call for help.

## SITTING AROUND

If you are not riding, and want to take a break, please don't just sit around the park as you will be getting in someone's way and this is likely to cause an injury. Go to the side area where there is seating, and a great view so you can see everything.

## SAFETY GEAR





# Indoor Skate and BMX Park Frequently Asked Questions

Issue 1

We recommend that all users wear protective gear, including helmets, elbow, wrist, and knee pads when using the skatepark.

## HAVE FUN!

The most important part of being in the skatepark is to have fun and enjoy yourself. It doesn't matter about how good you are, as long as you have fun! The more you practice, the better you will be. There is no substitute for practice!

